



2019

**Vegetables and herbs
catalogue**



Lettuce Hearts

It's a very common variety and is very usual to find it in salads. It consists on hearts of small buds with thick and strong leaves. Grows through the whole year and are the most usual lettuces that you can find in restaurants and supermarkets.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Baby

Small and elongated heads, squeezed, rough with a flat border and a developed central nerve. The leaves form compact crunchy buds of a pleasant taste and a little bit bitter than other lettuce varieties.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Romana

It presents elongated leaves of an intense green colour with the whole borders and wide central nerve, white and crunchy. It has a light bitter taste and it is very characteristic as it is used in Caesar salad.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Salanova®

It is a lettuce that has between two and four times more leaves than a common lettuce. It's leaves have the same size and a characteristic rounded shape with a very soft texture. Its heart is compact and bulky.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Iceberg Lettuce

It's one of the most known varieties. It has a ball-like shape very similar to a cabbage's shape. The Iceberg Lettuce has large, rounded, thin and crunchy leaves. It's ideal to serve chopped as a garrison or in cocktails. It was named "iceberg" due to it's resistance to very low temperatures.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Chicory

Chicory is a variety of endive, originating in Eastern India. With large, curly and yellow leaves, joined by the base. Their forms of consumption are cooked and as a salad. It has a strong vitamin content and a slightly bitter taste.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Batavia

The Batavia presents wide leaves of a green colour and a weak central nerve. It's a variety with a rounded bud, with curly leaves and a creamy texture. It's essentially used in salads.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Green Oak

It presents elongated leaves of an intense green colour with the whole borders and wide central nerve, white and crunchy. It is characterized by it's curly soft leaves, offering a fresh and delicate texture, with a smooth taste.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Red Oak

It presents elongated leaves of an intense green colour with the whole borders and wide central nerve, white and crunchy. It is characterized of having a soft, flesgy and coloured leave. Is one of the lettuce varieties more extended through the market.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Mixed

It's the mix of both varieties, green and red oak.
The nearest part of the leaves to the stem is white, although it's tone gets darker when reaching the characteristic greenish and reddish part of these lettuces. Their leaves are know by being voluminous, rough and a very sweet taste.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Green Lollo

It presents curly leaves of an intense green colour with a rounded shape and a thin central nerve. It's a variety with an outstanding look, a light bitter taste and is quite use don salads.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Lollo Rosso

It presents curly leaves of an intense green colour with a rounded shape and a thin central nerve.

This variety is characterized by its delicate texture and a very neutral taste. The Lollo Rosso is a very decorative variety due to its aspect.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Sweet Corn

The corn is an herbaceous plant from the family of the grasses. The plant that holds the corn is formed by a strong stem, of quick development and and capable of producing corn through the whole year. The sweet corn is the cob obtained from different varieties.



Production schedule

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Kale

It's a variety originated in Asia. It's very similar to the broccoli, cauliflower and the Brussels sprouts, it has curly leaves of an intense green colour. A vegetable that came to unseat the spinach and is becoming the queen of the green products.



Production schedule

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Spinach

Spinachs are the herbaceous plants of short development and dark green coloured leaves insertes on a small stem. The spinach leaves are used in a wide variety of plates, from raw to cooked, being healthier in raw plates.



Production throughout the year

JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Chard

The chard is a herbaceous plant with shiny green leaves and fleshy white petioles, called stalks. The edible part of the chard are the leaves, the petioles and the thick and fleshy central nerve.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Broccoli

The broccoli it's a plant that possess abundant fleshy floral heads of an intense green colour, settled as a tree shape, on branches that grow from the edible thick stem. The big mass of the heads is surrounded by leaves.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Cauliflower

The cauliflower is a variety from the conventional cabbage. The only part that is used in cookery is the named "head", which basically is the set of white flowers of the cauliflower although there are more varieties with other tonalities.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Bimi

Bimi is the new hybrid between the conventional broccoli and the chinese broccoli. It has a sweet and smooth taste, with a stem similar to the green asparagus stem and a shape that reminds to the conventional broccoli. This variety is completely edible.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Celery

The celery is a specie of vegetable that possess fluted large stems that form a thick stalk. The whole plant has a strong taste, but because of the bleaching of the stems in the growing process it gains a sweeter taste.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Coriander

It's a hairless stem plant, inferior leaves splitted in segments of jagged borders and the superior leaves are filiform. Usually the coriander leaves are consumed when they're fresh, and are usually chopped and added to the plate at the momento of serving it.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Dill

It's composed of a fluffy stem, leaves divided by very thin segments, yellow flowers, settled as a circle and paired flat sedes.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Mint

It's a herbaceous plant of green leaves and white or violet flowers, grouped as spikes. It's very characteristic as is one of the most used aromatic plants in sweet plates with a refreshing taste.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC



Parsley

Herbaceous plant of an intense green colour used as a seasoning or to decor a wide variety of plates in the mediterranean gastronomy. It has thin stems and angled, branched, bright and aromatic leaves.



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JAN

FEB

MAR

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

