SQUEEZY® PERFORMANCE UPGRADE YOURSELF

SQUEEZY SPORTS DRINKS (powders)



SQUEEZY SPORTS DRINKS

SQUEEZY is the ideal choice for all athletes seeking peak performance. All SQUEEZY products are produced without unnecessary ingredients. Our SQUEEZY SPORTS DRINKS base on the original formulation of the SQUEEZY GEL.

Long lasting expertise and steady development of new and innovative products is what SQUEEZY stands for as well as high quality - made in Germany.



THE MAIN ADVANTAGES OF SQUEEZY SPORTS DRINKS

- 1) SQUEEZY SPORTS DRINKS have a low concentration of loosened particles (low osmolality).
- 2) SQUEEZY SPORTS DRINKS only contain those ingredients which are needed for the phase of exposure.
- SQUEEZY SPORTS DRINKS contain fructose and glucose as well as maltodextrin respectively isomaltulose.
- 4) All SQUEEZY SPORTS DRINKS are free of gluten, lactose and artificial sugars.



THE BEST CHOICE FOR EVERYONE THE SPORTS DRINKS ASSORTMENT



The SQUEEZY ENERGY DRINK is available as powder with orange-flavour in 500 g or 2 kg tins and in a 50 g sachet.

50 g of powder mixed with water makes 0.75 litres of a



The SQUEEZY ENERGY SUPER DRINK is enriched with caffeine.

400 g of powder mixed with water makes 8 x 0.75 litres of a ready drink. The available flavour is sweet grapefruit.



The SQUEEZY ENERGY FORTI DRINK contains next to carbohydrates FORTIGEL® (collagen hydrolysate). 400 g of powder mixed with water makes 5 litres of ready drink. The available flavour is lemon.



The SQUEEZY CARBO LOAD DRINK is a carbohydrate powder for before and after sports. 500 g of powder mixed with water makes 6 x 0.5 litres of ready drink. The available flavour is lemon.

NUTRITIONAL VALUES

| SQUEEZY SPORTS DRINKS | ENERGY (100 g powder) | ENERGY (100 ml drink) | ENERGY SUPER (100 g powder) | ENERGY SUPER (100 ml drink) |
|--------------------------|--------------------------|--------------------------|-----------------------------------|-----------------------------------|
| Energy | 1,498 kJ | 100 kJ | 1,498 kJ | 102 kJ |
| | (352 kcal) | (23 kcal) | (352 kcal) | (24 kcal) |
| Fat | 0 g | 0 g | 0 g | 0 g |
| - of this saturated | 0 g | 0 g | 0 g | 0 g |
| fatty acids | | | | |
| Carbohydrates | 87 g | 5.8 g | 87 g | 6.0 g |
| - of this sugar | 46 g | 3.1 g | 46 g | 3.2 g |
| Protein | 0 g | 0 g | 0 g | 0 g |
| Salt | 1,4 g | 0,09 g | 1.4 g | 0.10 g |

INGREDIENTS

SQUEEZY ENERGY DRINK:

maltodextrin, fructose, glucose, aroma, acidifier: citric acid; acidity regulators: sodium citrate, potassium citrate; salt.

SQUEEZY ENERGY SUPER DRINK:

maltodextrin, fructose, glucose, flavours, acidifier: citric acid; acidity regulators: sodium citrate, potassium citrate; salt, caffeine*.

* 100 mg/ 1.000 ml of ready drink

NUTRITIONAL VALUES

| SQUEEZY | ENERGY | ENERGY | CARBO | CARBO |
|---------------------|----------------|----------------|----------------|----------------|
| SPORTS DRINKS | FORTI | FORTI | LOAD | LOAD |
| | (100 g powder) | (100 ml drink) | (100 g powder) | (100 ml drink) |
| Energy | 1,521 kJ | 145 kJ | 1,611 kJ | 273 kJ |
| | (359 kcal) | (34 kcal) | (379 kcal) | (64 kcal) |
| Fat | 0 g | 0 g | 0 g | 0 g |
| - of this saturated | 0 g | 0 g | 0 g | 0 g |
| fatty acids | | | | |
| Carbohydrates | 79 g | 7.5 g | 94 g | 16 |
| - of this sugar | 51 g | 4.8 g | 28 g | 4.8 |
| Protein | 9,5 g | 0 g | 0 g | 0 g |
| Salt | 1,1 g | 0,10 g | 0,60 g | 0,10 g |

INGREDIENTS

SQUEEZY ENERGY FORTI DRINK:

maltodextrin, fructose, glucose, isomaltulose*, hydrolyzed collagen 11 %, aroma, acidifier: citric acid; sodium citrate, magnesium citrate, potassium citrate, salt, vitamin B1.

SQUEEZY CARBO LOAD DRINK:

maltodextrin, glucose, fructose, aroma, sodium citrate, potassium citrate, magnesium citrate, acidifier: citric acid.

* Isomaltulose is a source of glucose and fructose.