

# SQUEEZY<sup>®</sup> PERFORMANCE

UPGRADE YOURSELF

SQUEEZY ENERGY GEL



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SQUEEZY is the world's first energy gel supplier and the optimal choice for athletes seeking the maximum performance. All SQUEEZY products are produced without unnecessary ingredients.

Long lasting expertise and steady development of new and innovative products is what SQUEEZY stands for as well as high quality - made in Germany.



# THE MAIN ADVANTAGES OF SQUEEZY ENERGY GEL

- 1) The SQUEEZY ENERGY GELS have a low concentration of loosened particles (low osmolality).
- 2) SQUEEZY ENERGY GELS only contain those ingredients which are needed for the phase of exposure.
- 3) THE SQUEEZY ENERGY GELS contain fructose and maltodextrin.
- 4) All SQUEEZY ENERGY GELS are free of gluten, lactose and artificial sugar.



# THE BEST CHOICE FOR EVERYONE

## THE ENERGY GEL ASSORTMENT



The SQUEEZY ENERGY GEL is available in a handy 33 g bag in a box / display containing 12 pieces.

The flavours are: lemon, raspberry, banana, orange-peach.

Usage: per hour of sportive activity consume 2 - 3 bags of the gels followed by 200 ml of water.

Tip: The gel bags perfectly fit in the SQUEEZY RUNNING BELT.

The SQUEEZY ENERGY GEL-bags are also available as test packages in a minipack with 3 x 33 g bags.

There are two variants: A minipack with 3 different flavours as well as a minipack with 3 bags tomato gel (see also the separate product informations of the tomato gel).

Ideal for bikers: the SQUEEZY ENERGY GEL in the handy 125 ml bottle. In combination with the SQUEEZY BOTTLEHOLDER you can fix it easily on the top tube. Furthermore the bottle is reusable due refilling with the 500 ml refiller bottle. Low priced and environmentally friendly! Both bottles are available with lemon flavour.

# NUTRITIONAL VALUES

SQUEEZY ENERGY GEL	per 33 g (1 bag)	per 100 g	per 125 ml (1 bottle)	per 100 ml
Energy	364 kJ (85 kcal)	1,102 kJ (259 kcal)	1,406 kJ (330 kcal)	1,124 kJ (264 kcal)
Fat	0 g	0 g	0 g	0 g
- of this saturated fatty acids	0 g	0 g	0 g	0 g
Carbohydrates	21 g	65 g	83 g	66 g
- of this sugar	3.1 g	9.5 g	5.1 g	4.1 g
Proteins	0 g	0 g	0 g	0 g
Salt	0,04 g	0,13 g	0,19 g	0,15 g

Source: [EUROPEAN COMMISSION](#)

# INGREDIENTS

maltodextrin, water, fructose, flavour, acidifier: citric acid; preservative: potassium sorbate; sodium citrate, salt, potassium citrate, antioxidant: ascorbic acid.